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# The Mind Games Men Play With Women



Tonya Love



## Synopsis

Unless you are a staunch feminist or a male chauvinist then you'll have to agree that both women and men play mind games. However, due to the propaganda in the media especially on the big screen, women are portrayed as the only ones that are good at playing mind games especially in regards to playing mind games with men. However, if you believe this you are completely mistaken. Men are also equally as good when it comes to playing mind games especially in regards to playing mind games with women. Mind games involve manipulation. These so-called manipulations, or mind games, can be intentional or not. They can be as complex and varied as men themselves. Some of the main reasons for mind games include disinterest, lack of confidence, insecurity, boredom, fear of commitment, and need for control. In her book entitled *The Mind Games Men Play With Women* author Tonya Love examines these aforementioned reasons in detail using examples from everyday life and offer suggestions for how to deal with each situation. Whether you are a man or a woman, it's helpful to know what you're up against when it comes to life and love. The purpose of this book is to bring these mind games to your attention so that you can learn to communicate more effectively and to give you a better idea of whether you should stay or go when it comes to pursuing a relationship.

## Book Information

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## Customer Reviews

This book gave me a lot of Oh Really? moments, and now I am looking at my husband in a whole new light. As I read some of the examples of different mine games men like to play with women, I recognized some of the tricks he pulls on me from time to time and yes, I had chalked them up to just how men are. Well, now I know better. This is a wonderful and enlightening look at the way men are perfectly capable of being manipulative as women are. The overall tone is quite positive and the author never slams men for the things they do. She simply shows you what he does, what he's thinking when he does it, and how to get him to stop playing games and act like a reasonable adult. This is one book I'll be reading twice!

Like many women, I have wondered why men tend to play silly, little mind games when it comes to matters of the heart. Apparently Tonya Love has contemplated the same question and has eloquently written a book to help understand this paradox. The Mind Games Men Play with Women is a book that enlightens and educates with real facts that have been thoroughly researched, so the reader isn't provided with fluff and unnecessary writings. I really liked Love's positive attitude throughout the book and the advice she lends is fantastic. From wondering if "He (the man) is Truly Interested in You" to "He Might Not Be a Keeper," this book will have you (like I was) enthralled and eager to learn even more. Absolutely great read and a must-have for the confused woman in love.

It's good insight if you are a lady and confuse about how men think you need to get some understanding, this book is a good tool, especially if you are dating. You can read the book in an hour ..

I RECEIVED THE ORDER QUICKLY. VERY PLEASED!!

I was hoping to get a little better insight to how my significant other thinks. Thank goodness it was free, because I deleted it.

A must read and great advice to learn about mind games men play on women. Even male kids play some of the same games with their mothers. Something to be aware of when you date them.

This wasn't written by someone in the field of psychology which was very disappointing. There is no substance to this book, it's just filled with common sense ideas a high-schooler could write.

As a tarot card reader I get asked about relationships all the time. I've wished numerous times for a small book to recommend to my customers that can be read by all ages. This is that book. If more people were in better relationships instead of wasting time on ones that don't serve them, I would most likely be out of a job haha. Until then I will recommend this book.

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